Registration

Registration information, including available locations, participant enrolment eligibility, important dates, and tuition fees are available on the course website:

www.foundationcourse.ualberta.ca

Contact Information

Course Coordinator
omcourse@ualberta.ca
780-492-4006
www.foundationcourse.ualberta.ca

Foundation Course in Occupational Medicine

Part A

Currently offered in:
British Columbia
Alberta
Saskatchewan
Manitoba
Ontario
Maritime Provinces
Newfoundland and Labrador

Foundation Course in Occupational Medicine

Part A

for family and community based physicians in Canada

www.foundationcourse.ualberta.ca

This course was made possible by start-up funding from the Imperial Oil Foundation.
**Course Description**

The Foundation Course in Occupational Medicine, developed by the University of Alberta Division of Preventive Medicine, is a distance learning course designed to provide knowledge and skills in the areas of occupational medicine encountered in family medicine and other community based clinical practice.

The course involves 111 hours of instruction, including monthly tutorials and two one-day workshops, in the fundamentals of recognizing and managing work-related disease and injury, fitness for work and the transition back into employment. The program is designed to be taken part-time and to be completed within 10 months.

In 2016-17 the Foundation Course was approved by the College of Family Physicians for 111 Mainpro-M1 credits, of which up to 15 may be Mainpro-C credits.

Physicians who have completed Parts A and B of the Foundation Course in Occupational Medicine and have been awarded certificates of completion are eligible to write the Associate Membership (ACBOM) examination of the Canadian Board of Occupational Medicine (CBOM).

**Course Objectives**

**By the end of the course the participating physician will be able to:**

1. identify the hazards found in different industries and occupations and to give informed advice to patients on the types of work that would be compatible with any health limitation;
2. communicate with workers, employers and occupational health practitioners in industry about issues relating to health and work, and to balance requirements for privacy and information;
3. know how to access and interpret legislation, regulation and guidance relevant to occupational health in Canada;
4. know how to recognize and diagnose common types of work-related disease;
5. reach a justifiable opinion on issues of causation in relation to possibly work-related disease and the likelihood that a condition is caused by or contributed to by work;
6. understand the purpose of a formal assessment of fitness for work and know when and how to use this when trying to optimize the fit of a worker to the workplace;
7. evaluate the factors that may contribute to extended sickness absence and how to improve the likelihood of successful return to work after illness or injury;
8. identify mental health, family and social issues (including stress reactions and substance abuse) that may result from work or have implication for continued safe employment and to decide how to best manage such implications;
9. be aware of the obligations and responsibilities for occupational health implied by the role of an employer in a community-based medical practice.

**Schedule**

The program is presented as eight distance learning modules, each supplemented by monthly tutorials. The course also includes two full-day face-to-face workshops. It runs from September to June annually in provinces across Canada.

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