Green & Gold Winter Break Multi-Sport Camps 2018
This camp will give participants an opportunity to sample a variety of age-appropriate team sports, and in the process to develop a wide range of sport-specific and general athletic skills. General athletic skills will be taught through our innovative AIM Program, which incorporates a variety of age-appropriate physical and mental activities. This camp will focus on skill development over the first three days, with a friendly competition featured on the final day. Participants may be grouped based on age and/or current skill level. Previous sports experience is not required. Other than athletic clothing and footwear, there is no special equipment needed.

These camps are designed in conjunction with the experts in the University of Alberta’s Faculty of Physical Education and Recreation, and are consistent with the guidelines in Canadian Sport For Life’s Long-Term Athlete Development framework.

Multi-Sport – FUNdamentals (Ages 6-8)

<table>
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<tr>
<th>Code</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Cost</th>
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<tbody>
<tr>
<td>39090</td>
<td>January 2-5</td>
<td>Tues-Fri 8:45am-4:15pm</td>
<td>Foote Field Dome</td>
<td>$200</td>
</tr>
</tbody>
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Multi-Sport – Learn-to-Train (Ages 9-11)

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Where to Register:
- IN PERSON: Customer Service Centre (1-213 Van Vliet Complex) OR Customer Service Desk (Saville Community Sports Centre)
- ONLINE: www.activityreg.ualberta.ca

For More Information:
- Customer Service Centre Phone: (780) 492-2231 / E-mail: activityreg@ualberta.ca

Drop-Off & Pick-Up Procedures:
- Drop-off and camp sign in will begin at 8:30am
- Pick-up and camp sign out will end at 4:30pm
- All camps begin at 8:45am and end at 4:15pm.

Camp Drop-Off and Pick-Up Locations:
- Foote Field Dome – 11601 68 Avenue

Supervised Lunches:
- All participants will be supervised during the lunch break.
- All participants are required to provide their own lunch. Healthy options are encouraged.
- Please ensure all lunches and snacks are nut free.