ACADEMIC COACHING COURSES

Early Competition Sports

Basketball
PAC 111 – Instruction of the Basics of Basketball
PAC 311 – Coaching Basketball

Hockey
PAC 114 – Instruction of the Basics of Ice Hockey
PAC 314 – Coaching Ice Hockey

Soccer
PAC 118 – Instruction of the Basics of Soccer
PAC 318 – Coaching Soccer

Swimming
PAC 110 – Instruction of the Basics of Aquatics
PAC 310 – Coaching Aquatics

Tennis
PAC 135 – Instruction of the Basics of Tennis
PAC 335 – Coaching Tennis

Volleyball
PAC 137 – Instruction of the Basics of Volleyball
PAC 337 – Coaching Volleyball

Mid Competition Sports

Curling
PAC 183 – Instruction of the Basics of Curling
PAC 383 – Coaching Curling

Football
PAC 113 – Instruction of the Basics of Football
PAC 313 – Coaching Football

Golf
PAC 145 – Instruction of the Basics of Golf
PAC 345 – Coaching Golf

Rugby
PAC 117 – Instruction of the Basics of Rugby

Track and Field
PAC 174 – Instruction of the Basics of Athletics (Track & Field)
PAC 374 – Coaching Track and Field Events

Wrestling
PAC 154 – Instruction of the Basics of Wrestling
PAC 354 – Coaching Wrestling

For a complete list of all PAC Courses offered by the University of Alberta:

https://catalogue.ualberta.ca/Course/Subject?subjectCode=PAC&all=True